

## See How Easily You Can Stop Baby Gas Pain

Baby got gas? If your little one is regularly, visibly, and relentlessly bothered by painful gas, it can be very upsetting and frustrating for you as a parent—upsetting to see your baby in pain and in trying to handle a crying, inconsolable infant; frustrating as you're trying to figure out what's causing the baby gas pain and what you should do to end it and bring that much-needed relief (both for baby and for you!). &nbsp; The truth is, all babies have gas, but some have more gas than others as well as a harder time getting rid of their gas. &nbsp; If you're trying to track down what's behind your baby's excess gassiness, keep in mind that there's a good chance the cause is multi-faceted. Swallowing too many air bubbles (usually through a poor breastfeeding latch or because of a bottle or nipple design or size), too many gas-producing foods and/or excess acidity in nursing mom's or baby's diet, food intolerance (dairy, for example), overstimulation, colic, allergies, etc., are just some of the more common causes of baby gas pain—but a combination of these is usually the culprit. The main reason why gas causes pain, though, is that baby's digestive system is still immature.

Whatever's behind your baby's gas pain and discomfort, you want effective relief fast—both for the baby and yourself! Dealing with a gassy baby is very taxing on a parent. There are several things you can try to end baby gas pain: burping your baby regularly, infant massage, baby leg exercises, continuing to breastfeed, changing your diet if you are breastfeeding, switching to a different infant formula if you're bottle-feeding (your gassy baby may be reacting to a specific brand), and exercising more caution with the types of solid foods you are introducing to your baby. Another popular choice for ending baby gas pain is giving alcohol-free gripe water to your baby. There are several different types and brands of gripe water; some contain simethicone, some contain sodium bicarbonate, and others contain essential oil and herbal extract formulas. However, some common gripe water ingredients are not 100% effective and may produce unwanted side-effects. If you're looking for a natural, safe, and effective treatment for relieving baby gas pain, try a homeopathic formula like Colic Calm Gripe Water. Colic Calm is an all-natural, FDA-regulated, great-tasting, gentle homeopathic liquid treatment for baby gas pain relief, and is completely free of allergens, unnecessary additives, and side-effects. Colic Calm Gripe Water works so well because not only does it gently and instantly treat baby gas pain symptoms (the discomfort itself), but it also addresses—and treats—the source of the problem, which will help prevent future baby gas pain. Colic Calm Gripe Water is also a highly effective homeopathic medicine to treat your baby's pain and discomfort related to colic and acid reflux. Further, Colic Calm has also been proven to reduce upset tummies and relieve frequent hiccupping.

For more information about Colic Calm Gripe Water, how it works, its specific formula, and success stories, please [click here](#).

### About the Author

For more information about Colic Calm Gripe Water, how it works, its specific formula, and success stories, please go to [Gripe Water Review](#).

Source: <http://www.colic-baby-bootcamp.com>