

What Is Gripe Water?

While many Americans have never heard of Gripe Water, it's a European aide that has been in use for generations. Gripe Water is helpful to parents that are dealing with babies with colic, gas, nausea, hiccups, and just about every other ailment. Gripe Water is an all-natural substance, so there is no need to worry about toxicity or over doing it. Every new mom can use something to help calm her baby, which is why Gripe Water is so popular in European cultures. Where bottles and rattles are common baby shower gifts and gifts that are given to new parents in America, Gripe Water is a common gift for new parents. Gripe Water isn't nearly as common as it used to be, so the brands that you are able to find may vary from year to year. As more and more Americans learn about Gripe Water it seems to be making a slight comeback, though you can't walk into any store and find it. Usually baby specialty stores will carry it, or be able to tell you where you can likely find it in your area. If you can't seem to find it in your area at all, the Internet can help you get Gripe Water in your home to help you calm your baby. Gripe Water is usually water that is fortified with herbs such as ginger, chamomile, or fennel. All of these herbs are known for calming the stomach, relieving gas, and just helping the body to relax. Many mothers feed their children herbal teas when they are not feeling well, but Gripe Water is easier because all the calming and soothing herbs are together in one place so that you don't have to choose which herb you'll use. Mothers have been finding Gripe Water helpful for a long time, so it must work well for a good number of babies suffering. Many parents start using Gripe Water right after birth and continue to do so well into the toddler years. When babies suffer from gas and colic Gripe Water is often used to soothe the pain and allow both the parents and the baby get some much needed rest. As the baby begins to grow and suffers from teething, Gripe Water will again come in very handy. Many parents also swear that using Gripe Water during those sleepless nights helps to get baby to relax and finally close his or her eyes. What is Gripe Water for? Only you can determine what you'll use it for, but it's worth a try! Whatever your child seems to be griping about may be soothed easily with this herbal concoction. If it doesn't work, you needn't buy more, but you'll likely find yourself wanting to keep a stock of Gripe Water at all times!

About the Author

Vickie Barnes is a colic veteran of two colicky babies. Please visit her website ColicHelp.com, for more support and resources for dealing with [colic](#).

Source: <http://www.colic-baby-bootcamp.com>